Meditative Prayer:

Love that Reflects Christ - 1 Corinthians 13

- Biblical meditation is unlike Eastern Meditation. Eastern meditation encourages you to keep your mind empty and release all thoughts. Biblical meditation is led by the Holy Spirit. He fills your mind with things the Father wants you to hear and know. If He shows you something, look. If He speaks to you, listen.

- As we begin, let your heart be still. Breathe deeply. Settle your heart. Jesus is waiting.

💗 The Most Excellent Way

1 Corinthians 13:1–3 - If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal… If I have a faith that can move mountains, but do not have love, I am nothing…

> God is love. Without Him, our gifts are just noise.
> Without love, our lives are hollow.
> This is not about trying harder to be kind — it's about being filled with Christ's Spirit.
> Let His love transform how you see others, and how you see yourself.

• Do I love with the heart of Christ, or simply act from habit or duty?
• Where have I let pride, performance, or ego replace compassion?

💗 What Love Is

1 Corinthians 13:4–7 - Love is patient, love is kind. It does not envy, it does not boast, it is not proud… It keeps no record of wrongs… It always protects, always trusts, always hopes, always perseveres.

> These are not just nice qualities — they are a portrait of Jesus.
> His love was patient with the weak, kind to the broken, humble in the face of evil.
> Real love lays itself down. Real love never fails.
> Invite Him now to grow that kind of love in you.

• Where do I need to grow in patience? Who needs my kindness?
• Where have I let envy, pride, or irritation take root?
• Who have I dishonoured, even in my thoughts?
• Where am I still seeking my own way, rather than serving in love?

💗 Seeing Others With the Eyes of Love

Take a moment to look quietly around the room.
No speaking — just notice the people God has placed around you.
Each one bears His image. Each one is deeply loved.

Let your heart soften. Ask God to show you how He sees them.
Project love — not through words or action, but with the quiet posture of your heart.

• See them not as strangers, but as beloved.
• See them not for what they do, but for who they are to God.

Now close your eyes. Bring to mind someone who is struggling…. Someone in need of love…
Maybe even someone who frustrates you, or whom you've avoided.

Picture them. Hold them in your heart.
Now offer them Christ's love — free, unearned, generous.
See them in a new light. A light that never gives up.

• Lord, help me love like You do — even when it costs.

💗 Love That Endures

1 Corinthians 13:8–10 - Love never fails… but where there are prophecies, they will cease… For we know in part… but when completeness comes, what is in part disappears.

> Everything else fades — but love remains.
> Titles, talents, even spiritual gifts will all pass away.
> But love — real, Christ-shaped love — is eternal.
> It is the mark of those who truly walk with God.

• Have I been striving for what fades, or sowing what lasts?
• What does it mean to love with eternity in mind?

💗 Fully Known, Fully Loved

1 Corinthians 13:11–12 - When I was a child, I talked like a child… but now I put childish ways behind me… Now I know in part; then I shall know fully, even as I am fully known.

> God knows you completely — every fear, every flaw.
> And He still loves you.
> Love is not earned — it is received. Then it is shared.
> Come out of hiding. Walk in love.

• Where have I hidden from love — God's or others'?
• What childlike habits or hurts do I need to leave behind?

💗 Faith, Hope, and Love

1 Corinthians 13:13 - And now these three remain: faith, hope and love. But the greatest of these is love.

> Love is the greatest gift — and the greatest calling.
> May we be a people marked not by knowledge or success, but by love.
> May our homes, our churches, our hearts overflow with it.

• Ask God to renew your love — for Him, for others, for the broken and the difficult.
• Ask Him to help you love as Jesus loves — deeply, humbly, sacrificially.

Rest in His Presence

John 15:9 - "As the Father has loved me, so have I loved you. Now remain in my love."

• "Rest in His love. Be still. Let Him speak to you."

• Pray

• **Song for headphones or at home - God is Love by Chris Renzema**